

QUEEN ANNE'S COUNTY DEPARTMENT OF PARKS AND RECREATION

Youth Basketball Rules and Policies

NEW POLICY CHANGE EFFECTIVE, July 12, 2018

All children will play in their respective age groups for all Queen Anne's County Parks and Recreation Sports League.

(Field Hockey, Volleyball, Flag Football, Basketball and Indoor Soccer)

I. ORGANIZATION

The Queen Anne's County Department of Parks and Recreation shall be the sponsoring agent of the Youth Basketball Program. The Area Supervisor shall be the supervisor of the program.

II. AGE DIVISIONS – As of September 1

Peewee	Divisions	Boys and Girls	Ages 6-7
Midget	Divisions	Boys and Girls	Ages 8-9
Junior	Divisions	Boys and Girls	Ages 10-11
Senior	Divisions	Boys and Girls	Ages 12-13 (14 in 8 th Grade)
High School	Divisions	Boys and Girls	Ages 14 - 17

III. EQUIPMENT

Co-Rec leagues (Peewee and Midget) will use a youth basketball, 26.0 - 27.5. Girls leagues (Junior and Senior) will use an intermediate basketball, 28.5. Junior league boys will use an intermediate basketball, 28.5. Senior and High School league boys will use a regulation basketball, 29.5 – 30.0.

IV. COACHES DUTIES

1. To maintain proper sportsmanship conduct among team members and assistants.
2. To have a minimum of one team/parent's meeting to explain rules, philosophies, bylaws and parental expectations and go over Codes of Conduct and have parents and players sign.
3. To notify all team members of:
 - Rules, regulations and bylaws established by the league.
 - Schedule games and practices.
 - Cancellations and/or make-up games as indicated by the league.
 - To abide by all rules, regulations and bylaws set forth by the league.
 - To insure that every team member participates in this program according to each bylaws.
 - To monitor and enforce the Code of Conduct among the team members, coaches, spectators and parents.
4. To demonstrate sportsmanship and not allow excessive score domination.
5. Coaches should notify the department when a player quits.
6. All League teams will be allowed one (1) coach and one (1) assistant. Coaches must be 18 years of age or older. All Coaches must complete the required background check and drug testing as required by Queen Anne's County. "NO" coach or assistant coach will be "ALLOWED" to practice or occupy the player's bench if they have not complete Queen Anne's County requirements to become a volunteer coach.

7. A basketball coach shall be sure his/her behavior sets a good example for the players on his/her team. He/she shall always remember to:
 - Don't criticize players in front of spectators, but reserve constructive criticism for private, or in the presence of the team so all may benefit;
 - Respect and accept Official's (Referee's) calls;
 - Don't criticize the opposing team, it's coaches or fans, by word or gesture, or encourage fans to do so;
 - Don't allow a player to re-enter any game if injured.
8. Abide by the doctor's decision in all matters of a player's health and injuries. If a player is injured in a game or practices, they must give their coaches a doctor's excuse before playing or practicing again.
9. Coaches must report any injuries to the Gym Supervisor or Recreation Department immediately upon his or her awareness of the injury (fill out accident report)
10. Head coaches are the only coaches to question an official about a call. Assistant coaches are not allowed to question an official concerning a call (do not stand during play). Coaches should not leave the bench area.
11. An adult (18 years or older) is required to be at each practice and game.

V. UNSPORTSMANLIKE OR UNACCEPTABLE BEHAVIOR

1. The Queen Anne's County Parks and Recreation Staff, and the Game Officials have the right to eject a player, coach or spectator from the premises for UNSPORTSMANLIKE conduct. The Department prohibits any ejected player or coach from further participation until reinstatement.
2. The use of alcohol, tobacco or other illegal substances by coaches, players or spectators will not be tolerated at games or practices. Anyone under the influence of alcohol or illegal substances will be removed from the premises.
3. Any player, coach, or spectator guilty of striking an official in any manner during or after a game shall automatically be suspended indefinitely from participation in all leagues sponsored by the Queen Anne's County Parks and Recreation.
4. Any coach ejected from a game, he/she must immediately leave the school or building in which the game is being played. A coach ejected one game will automatically be suspended from the next game; a second ejection during the season will result in an automatic suspension for the remainder of the season.
5. Any player ejected from a game, he/she must immediately leave gym in which the game is being played. A player ejected one game will automatically be suspended from the next game; a second ejection during the season will result in an automatic suspension for the remainder of the season.
6. A coaches, player or team follower shall not commit an UNSPORTSMANLIKE foul such as;
 - Disrespectfully addressing an official,
 - Attempt to influence the official's decision,
 - Use of profanity,
 - Disrespectfully addressing or baiting an opponent,
 - Object to an official's decision by rising from the bench and using gesture,
 - Incite undesirable crowd reactions, or
 - Incite squad members seated on the bench at any time.

7. The penalty for violating any part of Rule 6 will be the following. The first infraction is a verbal warning. The second infraction called for said violations shall cause the violator, coach, player or spectator to be removed from the premises. Refusal to comply may result in forfeiture of the game.
8. Only the authorized coach one (1) and assistant coach one (1) may occupy the player's bench, in addition to the uniformed players.
9. If a coach is ejected from a game, he/she must leave the gymnasium. If you are ejected a second time during the same season, then you will be removed from coaching.

VI. SCHOOL RULES

The following rules apply while using school facilities:

1. Non-playing children and spectators should remain in the gym and out of the hallways.
2. **NO FOOD OR DRINKS ARE ALLOWED IN SCHOOL GYMS. Participant may have water (Water for Players Only).**
3. Children should remain seated on bleachers.
4. No smoking on school property.
5. No pets allowed.

VII. PLAYING RULES

1. NO ONE is allowed on the playing floor in street shoes.
2. **DO NOT CUT YOUR TEAM SHIRT.** All teams must wear Queen Anne's County Parks and Recreation provided shirts or jerseys of the same color with a legible non- duplicating number on the back. Game shirts must be worn and tucked in. Teams may wear t-shirt of Black or white under uniforms but players must wear all the same color.
3. Tie Breaker Rule for league Standings: Head to head competition; points
4. If any player is found in unauthorized places in the school, that player will be suspended for one game. If the offense is repeated, the player will be suspended indefinitely.
5. No players will be permitted on the playing court between halves except those playing that scheduled game.
6. All coaches and parents must remain off the playing field /court area during games. Designated coaching areas should be observed.
7. No jewelry. Earrings or hard hairpieces may not be worn during games. Soft hair bands are permitted. (NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS Rule 3-5-8 NF- A medical alert medal must be taped and may be visible. Also, 3-5-1 Note- Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and /or special needs, as well as those individuals with unique and extenuating circumstances. The accommodations should not fundamentally alter the sport; heighten risk to the athlete/others of place opponents at a disadvantage.)
8. Players who wear external hearing aids should have them fastened securely, with tape if necessary, so that they cannot be jarred loose.
9. Hard casts or hard splints of any material are considered illegal equipment.
10. Participants wearing glasses must secure them with eyeglass strap.

11. All players must participate in all games unless injured or sick. The Park and Recreation requires the minimum playtime.

6 minutes per half

12. Scorebook is official and referees decision is final.

13. Clock will stop for free throws and time outs only.

14. Games will begin as scheduled, a five (5) minute grace period will be allowed for the first game only.

15. Equal playing time for all participants. (No child should play the entire game, unless you only have 5 players.)

16. No dunking will be allowed. The penalty for dunking 1st offense technical foul, 2nd offense resulting in ejection from the game.

17. Physical examinations for all youths participating in the league are highly suggested prior to the beginning of practice, but are not required by the League.

18. After the completion of a game, both teams and coaches shall form two lines to congratulate each other and show sportsmanship.

19. Overtime rules for playoffs only: 3 minutes length with 1 time-out per team. Also, 10-11 year old age groups can full court press for last 1 minute. Repeat, if score remains tied.

20. NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS rules will be followed except for the above changes will govern play.

VIII. DIVISION RULES

Ages 6-7

1. Free throws will be shot from the inside of bottom of Key.

2. The purpose of this division is to teach the fundamentals of basketball and have fun. No pressure until the top of key, other than against a fast break by the opposing team. If pressure is applied then a warning will be given to that team, after that a technical foul may be called for backcourt pressure. 6-7 Year old teams must play zone from not past the top of their own key, unless both teams agree to play at half court.

3. Each team is allowed four (4) time-outs – two (2) per half. **NO OVERTIME.**

4. The games will be played in four (4) quarters consisting of seven (7) minute quarters with a running clock. The clock will stop for **time-outs and free-throws only.**

5. Half time will be four (4) minutes in length.

6. NO lane violations will be called in this division.

7. Ball size will be a 26.0 - 27.5

8. Baskets will be at 8 feet high for this division.

9. All other rules applying to this division is as used by the National Federation of State High School Associations.

Ages 8-9

1. Free throws will be shot from the inside of bottom of Key.
2. The purpose of this division is to teach the fundamentals of basketball and have fun. No backcourt pressure, other than against a fast break by the opposing team. If pressure is applied then a warning will be given to that team, after that a technical foul may be called for backcourt pressure. If a team on defense is ahead by ten (10) or more points, they must play zone inside their own key.
3. Each team is allowed four (4) time-outs – two (2) per half. **NO OVERTIME.**
4. The games will be played in four (4) quarters consisting of seven (7) minute quarters with a running clock. The clock will stop for **time-outs and free throws only**
5. Half time will be four (4) minutes in length.
6. Five (5) second lane violations will be called in this division.
7. Ball size will be a 26.0 - 27.5
8. **Baskets will be at 9 feet high for this division.**
9. All other rules applying to this division is as used by the National Federation of State High School Associations.

Ages 10-11

1. Free throws will be shot from the regular foul line.
2. Teams may only full-court press the last two minutes of each half. If the team on defense is ahead by fourteen (14) or more points, they cannot press full court. Team ahead by fourteen (14) or more points may press after the ball has advanced beyond half court. A technical foul may be called if the rule is not adhered to. If one team should achieve a lead of 30 points or more any time during a game the clock will run continuously including time-outs and injuries. The losing coach has the option of waiving this rule.
3. Each team is allowed four (4) time-outs – two (2) per half.
4. The games will be played in four (4) quarters consisting of eight (8) minute with a running clock for all but the last two (2) minutes of each half, time-outs. **No overtime during regular season.**
5. Half time will be four (4) minutes in length.
6. Three (3) second lane violations will be called in this division.
7. Ball size will be a 28.5
8. All other rules applying to this division is as used by the National Federation of State High School Associations.

Ages 12-13

1. Free throws will be shot from the regular foul line.
2. Teams may full-court press throughout the game. If the team on defense is ahead by fourteen (14) or more points, they cannot press full court. Team ahead by fourteen (14) or more points may press after the ball has advanced beyond half court. A technical foul may be called if the rule is not adhered to.

If one team should achieve a lead of 30 points or more any time during a game the clock will run continuously including time-outs and injuries. The losing coach has the option of waiving this rule.

3. Each team is allowed four (4) time-outs – two (2) per half.
4. The games will be played in four (4) quarters consisting of eight (8) minute with a running clock for all but the last two (2) minutes of each half, time-outs. **No overtime during regular season.**
5. Half time will be four (4) minutes in length.
6. Three (3) second lane violations will be called in this division.
7. Ball size will be a 28.5 for Girls and 29.5 for Boys
8. All other rules applying to this division is as used by the National Federation of State High School Associations.

Ages 14-17

1. Free throws will be shot from the regular foul line.
2. Teams may full-court press throughout the game. If the team on defense is ahead by fourteen (14) or more points, they cannot press full court. Team ahead by fourteen (14) or more points may press after the ball has advanced beyond half court. A technical foul may be called if the rule is not adhered to. If one team should achieve a lead of 30 points or more any time during a game the clock will run continuously including time-outs and injuries. The losing coach has the option of waiving this rule.
3. Each team is allowed four (4) time-outs – two (2) per half.
4. The games will be played in four (4) quarters consisting of eight (8) minute with a running clock for all but the last two (2) minutes of each half, time-outs. **No overtime during regular season.**
5. Half time will be four (4) minutes in length.
6. Three (3) second lane violations will be called in this division.
7. Ball size will be a 28.5 for Girls and 29.5 for Boys
8. All other rules applying to this division is as used by the National Federation of State High School Associations.

IX. DRAFT

The Queen Anne's County Recreation draft policy was developed to promote competitive balance among all teams within a league and fairly distribute players based on abilities. All team

Participants below age 10 or 4thGrade;_ will be placed by Parks and Recreation Department. We will divide teams by age and gender. Will take request but can't guarantee.
For Teams in 5th Grade and above or 10 years old and up only

The important points of this draft are below.

1) **Player draft exemptions are provided for the Coach and Assistant Coach ONLY.** These exemptions are referred to as 'Family Exemptions'. Family exemptions allow a Coach to protect an eligible player during the draft. An eligible player is defined as the child, step child, grandchild or step grandchild of the Coaches.

2) A snake draft will be utilized during the league draft.

3) All players, regardless of age, will be available to draft in each league at any time except those protected by family or sponsor exemption.

4) A draft form will be provided to coaches prior to draft. This form will be used by coaches to rate players on the probable round in which they would be drafted. For example, if there are 6 teams with 11 players on each team, the players would grade 1 for 1st rounder, 6 for 6th round and 11 for 11th round player.

5) Exempted players draft position is predetermined by their *relative position* in the aggregate coach's rating. For example, if coach "A" has a child ranked 5th overall in a 6 team league, he will be considered a first round pick regardless of Coach A's draft pick position.

1) If the same team has two exempted players ranked in the same round then one of the players will be moved up to the previous round of the draft. This will apply to all rounds except the first round, where the player will be moved down to the 2nd round.

2) When exempted players have identical scores, their predetermined draft order will be determined by the player's age. The oldest player will be first in the draft order, followed by the next oldest and so on.

6) After the coach's exempted players are placed on the respected draft sheet, a blind draw by each coach will be utilized to determine their draft position.

League Drafts Dates: League drafts should be held as late as possible to avoid exclusion of late signees.

Late Signee Policy: This is defined as players that register after the draft and before the final registration deadline. The late signees will be placed on teams by order they register in the same order as the original draft. The team that directly follows the last team to choose a player in the regular draft will get next registration. The remaining players will be placed as they register until teams are even.

X. INCLEMENT WEATHER

1. The Recreation Department reserves the right to arrange postponed games at its convenience in order to catch up with the schedule. The Department also reserves the right to cancel games if necessary due to conditions beyond our control.
2. Field Status can be found at Rain out Line - <https://rainoutline.com/search/dnis/4102020705>
Will be updated by 3:00p.m. on weekday and 8:00am on weekends. If weather conditions are questionable and you do not see cancelled message or get a call from your coach, you should report for your game as scheduled.