

QUEEN ANNE'S COUNTY DEPARTMENT OF PARKS AND RECREATION

YOUTH VOLLEYBALL LEAGUE

Youth Volleyball Rules and Polices

NEW POLICY CHANGE EFFECTIVE, July 12, 2018

All children will play in their respective age groups for all Queen Anne's County Parks and Recreation Sports League.

(Field Hockey, Volleyball, Flag Football, Basketball and Indoor Soccer)

I. ORGANIZATION

The Queen Anne's County Department of Parks and Recreation shall be the sponsoring agent of the Youth Field Hockey Program. The Area Supervisor shall be the supervisor of the program.

II. AGE DIVISIONS – As of September 1

Junior	Divisions	Girls	9-11 year old	6 vs. 6 Formal
Senior	Divisions	Girls	12-14 year old	6 vs. 6 Format

III. COACHES DUTIES

1. To maintain proper sportsmanship and conduct among team members and assistants.
2. To have a minimum of one team/parent's meeting to explain rules, philosophies, bylaws and parental expectations and review Codes of Conduct to be signed by players and parents.
3. To notify all team members of:
 - Rules, regulations and bylaws established by the league.
 - Scheduled games and practices.
 - Cancellations and/or make-up games as indicated by the league.
4. To encourage maximum participation by letting participants experience a variety of positions.
5. To demonstrate sportsmanship and not allow excessive score domination.
6. Coaches should notify the department when a player quits.
7. Each team is allowed two (2) coaches; one (1) head coach and one (1) assistant. The league must approve all coaches.
8. All Coaches must be drug tested and have a background check before begin of practices.
9. A field hockey coach shall be sure their behavior sets a good example for the players. Coaches shall always remember to:
 - Not criticize players in front of spectators, but reserve constructive criticism for private, or in the presence of the team so all may benefit;

- Accept decision of officials on the field as being fair and called to the best ability of the officials;
 - Not criticize the opposing team, it's coaches or fans, by word or gesture, or encourage fans to do so;
 - Do not allow a player to re-enter any game if injured.
10. Abide by the doctor's decision in all matters of a player's health and injuries. If a player is injured in a game or practices, she must give her coaches a doctor's excuse before playing or practicing again.
 11. Coaches must report any injuries to the area supervisor or Parks and Recreation Department immediately upon their awareness of the injury. (fill out accident report)
 12. Head coaches are the only coaches to question an official about a call. Assistant coaches are not allowed to confront an official concerning a call. Coaches should not leave the bench area.

IV. UNSPORTSMANLIKE OR UNACCEPTABLE BEHAVIOR

1. The Parks and Recreation Staff, and the Game Officials have the right to eject a player, coach or spectator from the premises for UNSPORTSMANLIKE conduct. The Department prohibits any ejected player or coach from further participation until reinstatement.
2. The use of alcohol, tobacco or other illegal substances by coaches, players or spectators will not be tolerated at games or practices. Anyone under the influence of alcohol or illegal substances will be removed from the premises.
3. Any player, coach, or spectator guilty of striking an official in any manner during or after a game shall automatically be suspended indefinitely from participation in all leagues sponsored by the Queen Anne's County Parks and Recreation.
4. If a coach is ejected from a game, he/she must leave the field. If you are ejected a second time during the same season, then you will be removed from coaching.
5. If a player is ejected from a game, he/she must leave field immediately.
6. A coaches, player or team follower shall not commit an UNSPORTSMANLIKE foul such as;
 - Disrespectfully addressing an official,
 - Attempt to influence the official's decision,
 - Use of profanity,
 - Disrespectfully addressing or baiting an opponent,
 - Object to an official's decision by rising from the bench and using gesture,
 - Incite undesirable crowd reactions, or
 - Incite squad members seated on the bench at any time.
7. The penalty for violating any part of Rule 6 will be the following. The first infraction is a verbal warning. The second infraction called for said violations shall cause the violator, coach, player or spectator to be removed from the premises. Refusal to comply may result in forfeiture of the game.

8. Only the authorized coach one (1) and assistant coach one (1) may occupy the player's bench, in addition to the uniformed players.

V. PLAYING RULES

1. Matches will be 3 games to 25 points rally score.
2. Six players shall be on the court at a time. If a team does not have 6 players, you may play with 5. However, you must leave a "hole" which will follow around during the rotations. When the "hole" reaches the service position, a "sideout" and point will be declared and the ball returned to opposing team. Players can be borrowed from the opponent to prevent a forfeit.
3. A ball landing on any part of the side or end lines is considered in.
4. Let' serves are legal. The ball may touch the net on the serve and travel into the opponent's court.
5. If the ball touches or travels directly over the antenna, the ball is out.
6. No player may touch the net at any time during a rally.
7. There may be three contacts on a side. A block is not considered a contact.
8. Players rotate positions in a clockwise direction, i.e., the person in the right front position will move to the serving spot (right back), the server moves to center back, and so on.
9. You cannot block or attack a serve. Mercy Rule – No more than 5 points may be scored per server.
10. You may receive a serve with two hands if you are attempting to set the ball. You may double contact the first ball that travels onto your side of the court from the other team.
11. When you are attacking,/_attempting to hit the ball, you must use one hand.
12. You may set the ball over the net with two hands, but you may not slap the ball into the opponents court. If the ball is set over the net, it must be 'clean' and it is the judgment of the official.
13. Players will get two tosses per serve, but you must let the first toss drop if you would like a re-toss.
14. Hands must be together for an underhand pass.
15. Each team receives a maximum of two time outs per game. Timeouts are to be no longer than sixty (60) seconds.
16. The time period between games of a match shall be two (2) minute.
17. Balls may be played off items hanging from the ceiling provided the hit that touched the item was made by a member of the same team and provided that the ball remains on your side of the net. The ball may not be hit more than three times on a side in this situation as always.

18. Decisions of the officials at game time are final and not subject to protest.
19. Teams, rotational substitutions will be used. A player will sub out at the right front position and re-enter the game in the service position.
20. A toss of a coin by the official will decide which team will begin serve in the first game. The serve will alternate for the other games.
21. Each team will provide one linesperson for each game. The official will position them accordingly. The linesperson may be changed provided the official is notified and grants permission for a change to be made.
22. A parent volunteer from either team will be used to flip score.
23. Teams should be ready to play promptly at the scheduled time.

REMEMBER – This is a FUN program with emphasis placed on teaching the players the fundamentals of volleyball, good sportsmanship, how to play together as a team, and how to get along with opposing players, coaches and officials. Coaches, parents, spectators and other interested parties are asked to conduct themselves accordingly and help us make this program work for the children.

VI. DRAFT

The Parks and Recreation Department draft policy was developed to promote competitive balance among all teams within a league and fairly distribute players based on age and ability.

The Parks and Recreation Department will divide teams by age and gender. Will take request but can't guarantee

VII. INCLEMENT WEATHER

1. The Department of Parks and Recreation reserves the right to arrange postponed games at its convenience in order to catch up with the schedule. The Department also reserves the right to cancel games if necessary due to conditions beyond our control.
2. Cancellation Policy: When schools are closed due to inclement weather all recreation programs are canceled. (Example: If schools are closed, the program scheduled will be canceled) Coaches are responsible for notifying their players of game cancellations and rescheduled games. Field Status can be found on the Parks Department Facebook page (<https://www.facebook.com/QACPARKS/>) as well as in the bar to the right side of the Parks Department website (<http://www.qac.org/229/Parks-Department>) or www.parksnrec.org. Message will be updated by 3:00p.m. on weekdays and 8:00am on weekends. If weather conditions are questionable and you do not see a cancellation message or get a call from your coach, you should report for your game as scheduled.